

PLATT·FORM

Performance AND Athletics

The 3 E's of Getting Recruited

- 1) **Ethics:** What do your coaches and teachers say about you? Will you be a good teammate, a good student, a good leader, a good role model? Are you coachable? Or will you just be, for lack of a better term, a “talented headache”?
- 2) **Excitement:** When the practice and game film are on, do you stand out from the rest,(but not in a selfish way)? Do you hustle, are you instinctual, do you listen to your coaches? Are you exciting to watch, because you're athletic AND smart? (*Think of Luke Keuchly or Steph Curry*)
- 3) **Exposure:** Have you been proactive in putting yourself out there to be seen? Have you exhausted every media and communication outlet? Coaches can't recruit who they don't know about. But first you better have steps one and two covered or you're wasting everyone's time with this step.

**If you can answer each question in a positive manner you are well on your way to getting recruited and possibly earning an athletic scholarship.*